**Domestic Abuse services in Suffolk available during Coronavirus outbreak**

**Suffolk**

**Anglia Care Trust Freephone advice line for victims: 0800 9775690**

For professionals call 01473 618660 or email [admin@angliacaretrust.org.uk](mailto:admin@angliacaretrust.org.uk)

[www.angliacaretrust.org.uk](http://www.angliacaretrust.org.uk)

Open as normal for referrals although staff are working from home so telephone and video messaging support being offered

**Norfolk and Suffolk Victim Care: 0300 303 3706**

Email: nsvictimcare@victimsupport.org.uk

<https://www.nsvictimcare.org/contact-us/>

Open as normal for referrals and providing telephone support

**Lighthouse Women’s Aid: 01473 228270**

[www.lighthousewa.org.uk](http://www.lighthousewa.org.uk)

Referrals for refuge currently suspended in order to provide a safe service for residents

Telephone support being provided, centre closed.

**Bury St Edmunds Women’s Aid Centre: 01284 753085**

[www.burystedmundswomensaid.org.uk](http://www.burystedmundswomensaid.org.uk)

Instant messaging available via website 10am-12pm

Refuge full and referrals currently suspended in order to provide a safe service for residents

Telephone and video support being provided, helpline open, centre closed.

**Alumah: 07770 468698**

[www.alumah.co.uk](http://www.alumah.co.uk)

Will arrange a call back, whatsapp or video link

**Compassion: 07597 337831**

[www.compass-ion.org](http://www.compass-ion.org)

[michelle@compassion.org](mailto:michelle@compassion.org)

Referrals by email only.  Telephone, email and text support to clients.  Freedom programmes suspended.

**Waveney domestic violence and abuse forum: 01502 572143 or 07906 245979**

[www.waveneydvforum.org.uk](http://www.waveneydvforum.org.uk)

[info@waveneydvforum.org.uk](mailto:info@waveneydvforum.org.uk)

Telephone support being provided, centre closed.

**Independent Domestic Violence Advisor (IDVA) Service**

Continue to support high risk clients with telephone support.

**(Sexual Assault Referral Centre – SARC) The Ferns: 0300 1235058**

[www.theferns-suffolk.org.uk](http://www.theferns-suffolk.org.uk)

[contact@theferns-suffolk.org.uk](mailto:contact@theferns-suffolk.org.uk) or

Duty ISVA telephone 07866 142139 or [isva.theferns@suffolk.pnn.police.uk](mailto:isva.theferns@suffolk.pnn.police.uk)

ISVAs are all working remotely, they will continue with supporting clients via telephone, email, Skype and in the very near future via Zoom.

**Suffolk Rape Crisis – 0800 085 0520**

[www.srchelp.org.uk](http://www.srchelp.org.uk)

[administration@srchelp.org.uk](mailto:administration@srchelp.org.uk)

Open for referrals, telephone support and online counselling being provided.

**Survivors in Transition – 01473 232499 / 07765 052282**

[www.survivorsintransition.co.uk](http://www.survivorsintransition.co.uk)

[support@survivorsintransition.co.uk](mailto:support@survivorsintransition.co.uk)

Open for referrals, telephone support being provided.

**Fresh Start New Beginnings – 01473 353355**

[www.fsnb.org.uk](http://www.fsnb.org.uk)

Open for referrals, telephone support being provided.

**P.H.O.E.B.E.​ Centre**

[www.phoebecentre.org.uk](http://www.phoebecentre.org.uk)

Phone (+44) 01473 231566

We are open by phone 10-2pm weekdays

Specialist advice, information, casework, advocacy support and counselling services to black and ethnic minority women and children.

**Nationwide**

**National Domestic Violence Helpline: 0808 2000 247**

http://www.nationaldomesticviolencehelpline.org.uk/

**Women’s Aid**

[www.womensaid.org.uk](http://www.womensaid.org.uk)

Webchat available via website

[Helpline@womensaid.org.uk](mailto:Helpline@womensaid.org.uk)

**GALOP (LBGT): 0800 999 5428**

http://www.galop.org.uk/

**Mankind Initiative (Male Victims): 01823 334244**

<https://www.mankind.org.uk/>

**Men’s Advice Line (Male Victims): 0808 801 0327**

<http://www.mensadviceline.org.uk/>

**Respect (for abusers): 020 3559 6650**

<http://respect.uk.net/>